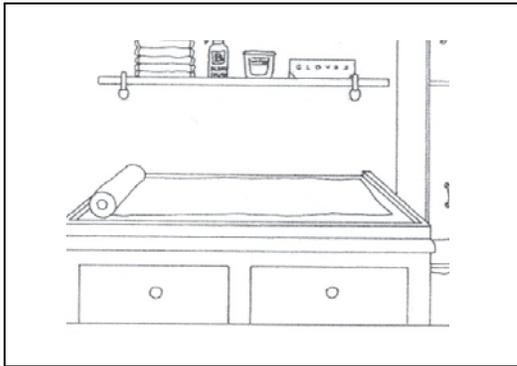
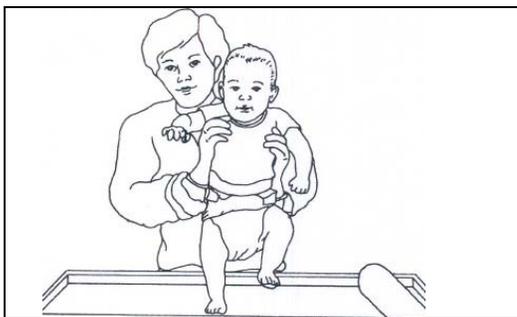


Ohio Department of Job and Family Services
DIAPER CHANGING INSTRUCTIONS FOR CHILD CARE



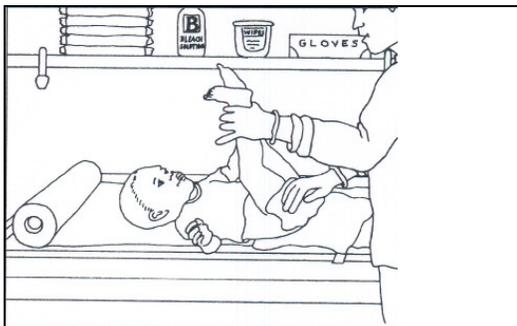
1. Get Organized.

- Before you bring the child to the diaper changing area, gather what you need: non-absorbent paper, a fresh diaper, wipes, gloves if you use them, a plastic bag for any soiled clothes, and diapering cream if the baby has it used and you have the required written permission to apply it.
- Put on the disposable gloves, if you use them.



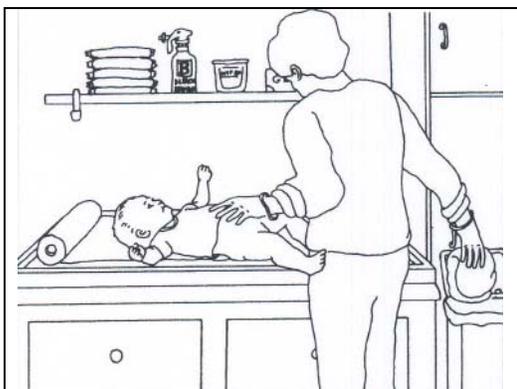
2. Carry the baby to the changing table, keeping any soiled clothing away from you.

- Avoid contact with soiled items, and always keep a hand on the baby-anything that comes in contact with stool or urine is a source of germs, including safety straps.
- Bag soiled clothes and later, securely tie the plastic bag to send home.



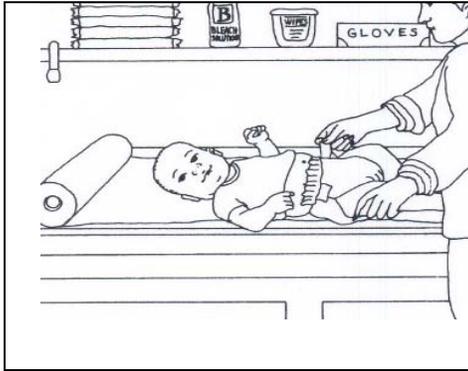
3. Clean the child's diaper area.

- a. Unfasten the diaper, but leave the soiled diaper under the child.
- b. Use disposable wipes to clean the diaper area. Remove stool and urine from front to back and use a fresh wipe each time. Put the wipes in the soiled diaper.
- c. Note and report any skin problems, such as redness.



4. Remove the soiled diaper and clean soiled surfaces.

- Fold the diaper over and secure it with the tabs. If using gloves, at this point you can hold the rolled up diaper and pull off your glove, pulling it over the diaper.
- Put into a covered, lined, step to open can.
- Check for spills under the baby.
- Remove the gloves and put them directly into the step can.
- Wipe your hands with a disposable wipe.

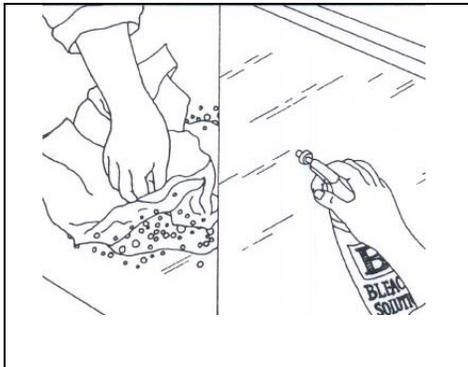


5. Put on a clean diaper. Slide the diaper under the baby, adjust and fasten it.



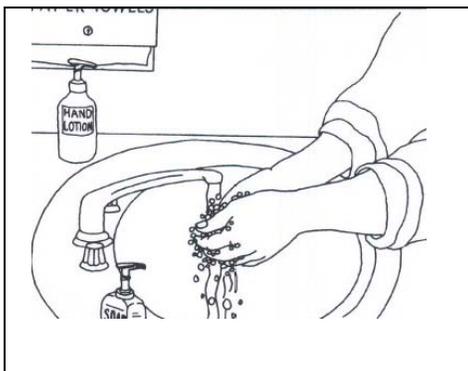
6. Clean the baby's hands. Use soap and water at a sink if you can. If a baby is too heavy to hold for handwashing at the sink, purchase a sturdy step stool for those children who can stand or use disposable wipes or follow this procedure:

- Wipe the child's hands with a damp paper towel moistened with a drop of liquid soap.
- Wipe the child's hands with a paper towel wet with clear water.
- Dry the child's hands with a paper towel.



7. Clean and disinfect the diapering area.

- Dispose of the table liner.
- Clean any visible soil from the changing table.
- Sanitize the table by spraying it so you wet the entire surface with bleach solution (1 tablespoon bleach to 1 quart of water; mix fresh daily).
- Leave the bleach on the surface for 2 minutes. The surface can then be wiped or left to air dry.



8. Wash your hands and record on the child's daily sheet.

- Use soap and running warm water.
- Use a paper towel to turn off faucet.
- Use hand lotion to keep your hands from becoming dry and chapped.
- Record on the daily sheet the time of diaper change, what was in the diaper and any problems noted.