

Height and weight requirements

Additional height and weight requirements apply for donors who are 18-years-old and younger and all high school donors.

Male donors who are 18-years-old and younger must weigh 110 pounds or more, depending on their height in the following chart:

If you are	4'10"	4'11"	5' or taller
You must weigh at least	118	114	110

Female donors who are 18-years-old and younger must weigh 110 pounds or more, depending on their height in the following chart:

If you are	4'10"	4'11"	5'	5'1"	5'2"	5'3"	5'4"	5'5"	5'6" or taller
You must weigh at least	146	142	138	133	129	124	120	115	110