

STRENGTHENING THE PARENT/DAUGHTER RELATIONSHIP

Experiential workshops
for moms and dads and their
girls in grades 4-5 and 6-8

*"This was a fantastic event.
It was eye-opening to see
the decline in confidence
of girls as they grow up.
Also liked getting to
interact with other fathers
who have daughters of a
similar age."*

SPRING & SUMMER 2024

ABOUT ROX

Girls deserve to chart their own futures - on their own terms. Ruling Our eXperiences (ROX) provides research-backed resources and programs for you to help girls use their voice, rule their experiences and embrace their confidence. ROX is led by school counselors, researchers, and educators, who have devoted their careers to girls' empowerment.

Girls experience a 26% drop in confidence from 5th to 9th grade. To navigate these growing-up years, she needs your support. Because that once bold, confident girl still resides within her. She just needs you.

For proven strategies to help you help your girl, join one of our parent/daughter experiences. You will build meaningful connection, improve communication, and strengthen your relationship with the girl in your life.

- *Workshops for Dads & Daughters:*
 - *Saturdays, 3/30, 6/22, 9/28*
- *Workshop for Moms & Daughters:*
 - *Saturdays, 3/16, 5/18, 8/3*

