

# THE ARTS CASTLE Dance Academy

2021-2022

The Arts Castle Dance Academy offers professional instruction in a fun, non-competitive environment. We believe everyone should have an opportunity to dance. Our Dance Academy is unique in offering many avenues for students to learn and enjoy dancing, while working with a busy schedule and budget.

Each of the Dance Academy classes are 32 weeks in length, roughly following the school year. Most students participate in the annual spring dance recital, though it is not mandatory.

## BALLET & POINTE

■ **SKY BLUE BALLET** Lauren Cox  
This beginner level class teaches the building blocks of ballet through barre and center floor. Students learn positions and placement in both English and French terminology.  
No Prerequisite **Ages:** 4 to 6  
8/26 -4/28 Thurs., 5:00-5:45PM | 45 min.

■ **TURQUOISE/ROYAL BLUE BALLET** Lauren Cox  
Students who have mastered the basic ballet skill set will continue learning sequencing and intermediate ballet steps. More complex combinations will be emphasized.  
Prerequisite: 1 yr of experience **Ages:** 7 to 13  
8/26 -4/28 Thurs., 5:55-6:55PM | 60 min.

■ **INDIGO BALLET/POINTE** Lauren Cox  
This advanced level class is geared toward increasing students' skills and movement vocabulary in ballet. Intricate sequencing and refinement of technique and style is explored.  
Prerequisite: Placement Test **Ages:** 12 to 18  
8/26 -4/28 Thurs., 7:00-8:30PM | 90 min.

■ **OPEN BALLET/ POINTE** Carrie Blust  
Students who have mastered the basic ballet skill set will continue learning sequencing and intermediate ballet steps. More complex combinations will be emphasized.  
Prerequisite: 3 yr of experience **Ages:** 9+  
8/23 -4/25 Mon., 7:55-8:55PM | 60 min.

## LYRICAL

■ **LYRICAL** Carrie Blust  
This class builds on the foundation of ballet, jazz and acro technique with an emphasis on coordination and basic steps.  
Prerequisite: 1 yr of ballet exp. **Ages:** 8+  
8/23-4/25 Mon., 6:10-6:55PM | 45 min.

## MUSICAL THEATER

■ **JR. MUSICAL THEATER** Jessika Wickenheiser  
If you're preparing for Broadway or your schools next musical you'll love this class! Musical theater combines acting, dance, spoken dialect and songs in one fun class. Students will learn choreography from Broadway shows to help them with each of the facets of this class.

No Prerequisite **Ages:** 6 to 11  
8/24-4/26 Tues., 5:00-5:45PM | 45 min.

■ **SR. MUSICAL THEATER** Jessika Wickenheiser  
If you're preparing for Broadway or your schools next musical you'll love this class! Musical theater combines acting, dance, spoken dialect and songs in one fun class. Students will learn choreography from Broadway shows to help them with each of the facets of this class.  
No Prerequisite **Ages:** 12 to 18  
8/24-4/26 Tues., 6:40-7:25PM | 45 min.

## COMBO CLASSES

■ **SKY BLUE COMBO** Carrie Blust  
These are beginning level classes for students with less than 2 yrs experience. In these classes students will learn ballet, tap and tumbling during their hour class.  
No Prerequisite **Ages:** 4 to 6  
8/25 -4/27 Wed., 4:45-5:45PM | 60 min.

■ **SKY BLUE COMBO** Jessika Wickenheiser  
These are beginning level classes for students with less than 2 yrs experience. In these classes students will learn ballet, tap and jazz during their hour class.  
No Prerequisite **Ages:** 4 to 6  
8/24 -4/26 Tues., 3:55-4:55PM | 60 min.

■ **TURQUOISE COMBO** Carrie Blust  
These are beginning level classes for students with less than 2 yrs experience. In these classes students will learn ballet, tap and tumbling during their hour class.  
No Prerequisite **Ages:** 7 to 10  
8/23 -4/25 Mon., 5:20-6:05PM | 45 min.

■ **TURQUOISE COMBO** Carrie Blust  
These are beginning level classes for students with less than 2 yrs experience. In these classes students will learn ballet, tap and jazz during their hour class.  
No Prerequisite **Ages:** 7 to 10  
8/25 -4/27 Wed., 5:50-6:50PM | 60 min.

## TAP



### ■ TURQUOISE/ROYAL BLUE TAP

Jessika Wickenheiser

This intermediate level class continues to build on knowledge of tap through graded barre and center floor work and an introduction to advanced techniques such as time steps, wings and pull backs.

Prerequisite: 1 yr of experience  
8/24-4/26

**Ages: 7+**  
Tues., 5:55-6:35PM | 30 min.

## JAZZ

### ■ ROYAL BLUE JAZZ

Jessika Wickenheiser

This is intermediate level class continues to build on expanding knowledge of Jazz styles, flexibility and techniques. Building on the foundations to introduce advanced concepts of turning and leaping.

Prerequisite: 1 yr of experience  
8/25-4/27

**Ages: 10+**  
Wed., 8:00-8:45PM | 45 min.

### ■ INDIGO JAZZ

Jessika Wickenheiser

This advanced level class continues to build on expanding knowledge of Jazz styles, flexibility and techniques. Building on the foundations to continue advanced concepts.

Prerequisite: 3+ yr of experience  
8/24-4/26

**Ages: 12+**  
Tues., 8:30-9:15PM | 45 min.

## ARTS CASTLE DANCE ACADEMY COMPANY

Our dance companies provide the opportunity for students to explore and perform choreography in a variety of dance styles while building ensemble dance skills through rehearsals and performances. In addition, company events provide opportunities for students to build long-lasting friendships, confidence, and performance skills!

### COMPANY PLACEMENT

3 ways students are placed in dance company levels.

1. Teacher recommendation
2. Attend summer dance and teachers evaluate
3. Attend a placement audition on open house weekend

### ■ PRE-COMPANY

Carrie Blust

In order to participate, students need to:

- Be at least 5 years old by September 1
- Attend one technique class each week (combo, ballet, or jazz)
- Attend Pre-Company class each week
- Perform at four events per year
- Demonstrate good classroom etiquette.

Prerequisite: Placement Audition  
8/23/2021-4/25/2022

**Ages: 5-7**  
Mon., 4:45-5:15PM | 45 min.

### ■ INTERMEDIATE COMPANY

Carrie Blust

In order to participate, students need to:

- Be at least 8 years old by Sept. 1
- Have at least 1+ years prior experience in dance
- Attend one technique class each week (combo, ballet, lyrical, musical theater, or jazz)  
- An additional ballet class per week is recommended
- Attend Intermediate Company class each week
- Perform at four events per year
- Demonstrate good classroom etiquette

Prerequisite: Placement Audition  
8/23/2021-4/25/2022

**Ages: 8+**  
Mon., 7:00-7:45PM | 45 min.



### ■ SENIOR COMPANY

Jessika Wickenheiser

In order to participate, students need to:

- Be at least 10 years old by Sept. 1
- Have at least 3+ years experience in dance
- Attend one contemporary technique classes (lyrical, musical theater, tap, or jazz)
- Attend one ballet class or private per week.
- Attend Senior Company class each week
- Perform at four events per year
- Demonstrate good classroom etiquette

Prerequisite: Placement Audition  
8/25/2021-4/27/2022

**Ages: 10+**  
Wed., 6:55-7:55PM | 60 min.

### ■ SENIOR COMPANY ADVANCED

Jessika Wickenheiser

In order to participate, students need to:

- Be at least 10 years old by Sept. 1
- Have at least 3+ years in dance
- Attend one contemporary technique classes (lyrical, musical theater, tap, or jazz)
- Attend one ballet class or private per week.
- Attend your Company class each week
- Perform at four events per year
- Demonstrate good classroom etiquette
- Splits (or close to) on both sides

Prerequisite: Placement Audition  
8/24/2021-4/26/2022

**Ages: 10+**  
Tues., 7:30-8:30PM | 60 min.